

The Seniors section (plus one or two junior seniors!) made a return visit to Liberton Golf Club last week for their annual outing. After our golf we all enjoyed a great meal followed by the presentation of prizes. The overall winner on the day was Jim Ross with 39 points, Nick Hares was runner up with 36 & Roy Barrie came 3rd with 33 points (bih). Nearest the pins were won by Georg Klein & Keith Watson. Many thanks to Jim Ross who used his Liberton connections to get us very good rates for the day, and for arranging the booking.

Much discussion was held over next year's venue, and after Roy did a very interesting 'knock out' voting competition of the list of possible courses, it looks like Ponteland was the favourite for 2020.

The seniors also had their final match of the season yesterday, hosting Kelso at St. Boswells. On a fine early autumn morning, St. Boswells had a convincing win by 4 matches to 1 – well done to all who took part.

For a small 9 hole course, our Seniors section has punched well above their weight in 2019, recording 4 wins, 1 loss and 6 Halves in matches throughout the season. Well done and many thanks to all who have taken part. Although successful results are very nice, the enjoyment for me of being in the Seniors is meeting up with old friends each year and enjoying a good game of golf in good company.

Preparations for next year's match fixtures are already underway, so hopefully we will have an equally successful season in 2020.

I expect all seniors to now start their winter training programme with their coaches, sport psychologists and nutritionists over the coming months so that we are fully fit and ready to take them on again next spring !!!!

Our thanks also go to Anne for all her help throughout the year and helping host our visitors on arrival with coffee & biscuits.

The Seniors' Christmas lunch will be held on Friday 13th December – Anne will be sending out reminders nearer the time – and I look forward to seeing you all again then. (NB: a one day break in your winter training programme will be allowed for this !!)

Regards

Gordon